

Muscles & Moves

MEMBERSHIP TYPE SOLITARY

TRAINING FACILITIES

Cardio Training Lab
 Weight Training Lab
 Kickboxing Training Lab
 Cross Fit Training Lab
 TRX Suspension Training Lab

SERVICE FACILITLES

In House Canteen
Advanced Training Equipments
Fully AC Comfort
Safe and Secure Vibe
International Class Ambience
Neat and Clean Infra
Shower Room Facility
Season Suitable Water Temperature

Plans	Basic (Monthly)	Prime (6 Months)	Luxury (1 year)
Individual	1,800/-	9000/-	16000/-
Couple	3300/-	16500/-	29700/-

1st Floor, Durga Bhagwati Shopping Complex, Subharti University





Pay at fitness.subharti.org



Muscles & Moves

SERVICE

FACILITLES

MEMBERSHIP TYPE EXPEDITION

TRAINING FACILITIES

✓ Cardio Training Lab ✓ Steam Room ✓ In House Canteen ✓ Weight Training Lab Advanced Training Equipments Kickboxing Training Lab ✓ Fully AC Comfort ✓ Cross Fit Training Lab Safe and Secure Vibe ✓ TRX Suspension Training Lab International Class Ambience ✓ Functional Training Neat and Clean Infra Certifled and Licensed Trainers ✓ Circuit Training Shower Room Facility ✓ Calisthenics Season Suitable Water Temperature

Plans	Basic (Monthly)	Prime (6 Months)	Luxury (1 year)
Individual	2300/-	11500/-	20500/-
Couple	4000/-	20000/-	36000/-

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MEMBERSHIP TYPE FITNESS TRAINING

FACILITIES FACILITLES **Cardio Training Lab** ✓ Steam Room Weight Training Lab ✓ In House Canteen Kickboxing Training Lab Advanced Training Equipments Cross Fit Training Lab ✓ Fully AC Comfort TRX Suspension Training Lab **Functional Training** Safe and Secure Vibe ✓ Circuit Training International Class Ambience Calisthenics Neat and Clean Infra Zumba Certified and Licensed Trainers Aerobics ✓ Step Aerobics Oiet Consultancy 🖌 Yoga ✓ Monthly Mass Event Power Yoga Locker Room Facility ✓ Meditation ✓ Correctives ✓ Shower Room Facility Strongmoves

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✓ Season Suitable Water Temperature

SERVICE

Plans	Basic (Monthly)	Prime (6 Months)	Luxury (1 year)
Individual	3500/-	17500/-	31500/-
Couple	6000/-	30000/-	54000/-

Ist Floor, Durga Bhagwati Shopping Complex, Subharti University





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