



Muscles & Moves

# MEMBERSHIP TYPE SOLITARY

## TRAINING FACILITIES

- ✓ Cardio Training Lab
- ✓ Weight Training Lab
- ✓ Kickboxing Training Lab
- ✓ Cross Fit Training Lab
- ✓ TRX Suspension Training Lab

## SERVICE FACILITIES

- ✓ In House Canteen
- ✓ Advanced Training Equipments
- ✓ Fully AC Comfort
- ✓ Safe and Secure Vibe
- ✓ International Class Ambience
- ✓ Neat and Clean Infra
- ✓ Shower Room Facility
- ✓ Season Suitable Water Temperature

Plans	Basic (Monthly)	Prime (6 Months)	Luxury (1 year)
Individual	1,800/-	9000/-	16000/-
Couple	3300/-	16500/-	29700/-



1st Floor, Durga Bhagwati Shopping Complex,  
Subharti University



Contact us:  
**+91-9997035281**



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# MEMBERSHIP TYPE EXPEDITION

## TRAINING FACILITIES

- ✓ Cardio Training Lab
- ✓ Weight Training Lab
- ✓ Kickboxing Training Lab
- ✓ Cross Fit Training Lab
- ✓ TRX Suspension Training Lab
- ✓ Functional Training
- ✓ Circuit Training
- ✓ Calisthenics

## SERVICE FACILITIES

- ✓ Steam Room
- ✓ In House Canteen
- ✓ Advanced Training Equipments
- ✓ Fully AC Comfort
- ✓ Safe and Secure Vibe
- ✓ International Class Ambience
- ✓ Neat and Clean Infra
- ✓ Certified and Licensed Trainers
- ✓ Shower Room Facility
- ✓ Season Suitable Water Temperature

Plans	Basic (Monthly)	Prime (6 Months)	Luxury (1 year)
Individual	2300/-	11500/-	20500/-
Couple	4000/-	20000/-	36000/-



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# MEMBERSHIP TYPE

# FITNESS FUSION

## TRAINING FACILITIES

- ✓ Cardio Training Lab
- ✓ Weight Training Lab
- ✓ Kickboxing Training Lab
- ✓ Cross Fit Training Lab
- ✓ TRX Suspension Training Lab
- ✓ Functional Training
- ✓ Circuit Training
- ✓ Calisthenics
- ✓ Zumba
- ✓ Aerobics
- ✓ Step Aerobics
- ✓ Yoga
- ✓ Power Yoga
- ✓ Meditation
- ✓ Correctives
- ✓ Strongmoves
- ✓ Pilate

## SERVICE FACILITIES

- ✓ Steam Room
- ✓ In House Canteen
- ✓ Advanced Training Equipments
- ✓ Fully AC Comfort
- ✓ Safe and Secure Vibe
- ✓ International Class Ambience
- ✓ Neat and Clean Infra
- ✓ Certified and Licensed Trainers
- ✓ Diet Consultancy
- ✓ Monthly Mass Event
- ✓ Locker Room Facility
- ✓ Shower Room Facility
- ✓ Season Suitable Water Temperature

Plans	Basic (Monthly)	Prime (6 Months)	Luxury (1 year)
Individual	3500/-	17500/-	31500/-
Couple	6000/-	30000/-	54000/-



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